

Page Academy of Dance

Class descriptions

Pre-Ballet/Tap * For Ages 3-5

This class is a fun introductory to basic ballet. This class stirs the young dancers imagination while learning ballet steps, stretches, and structure. We end the class with learning the beat of the music with Tap shoes.

Ballet Level 1 * for ages 5-7

Ballet Level 1 is a basic introduction to ballet technique. In this class students start learning basics to prepare for the *barre*. They also learn ballet stretches, turns, jumps and leaps across the floor.

Ballet Level 2 * for ages 7-9

Ballet Level 2 is a ballet technique class that starts at the *barre*. Students learn new ballet steps and exercises. In this class we start introducing performance quality and confidence. This class also keeps up with stretches.

Ballet level 3 * for ages 8-10

Ballet Level 3 is a ballet technique class that teaches the basic of the more advanced ballet steps and stretches. This class also works on combining ballet steps at a fluent pace. At this level we also stress the importance of performance quality.

Ballet Level 4 * for ages 9-13

Ballet Level 4 is a technique class that develops strength to approach advanced ballet steps. This class challenges students to go past their "comfort zone" and feel confident to shine in a performance. This Class also starts to work *en pointe*.

Ballet Level 5 * for pre-teen/teen ages 11-14

Ballet Level 5 is a ballet technique class that stresses advanced ballet steps with performance quality. This class also teaches to enhance quick feet work and grand jumps. In this class students learn to discover their own personal style that makes them stand out among others. They also learn Classical ballet variation repertoires

Advanced Ballet * Ages 13-Adult

In this ballet technique class, students strive to perfect their steps and performance quality. They learn how to accent their performance and make it something exciting to watch. At this level students are preparing to become professional ballet dancers.

*Indicates that the age range can vary depending on the dancers ability.